

polished to perfection

Wondering where to get fab-looking fingers and toes now that sandal season is here? LOULOU presents the best spots to get buffed, pampered and painted across the country.

BY JOANNA CAMPBELL, SEEMA DHILLON, CHRISTINE LAROCHE, BRIONY SMITH, JANNA ZITTRER

Toronto

Aliviar Spa

As an eco-friendly alternative, Aliviar features an organic nail bar where customers can enjoy a Jasmine Salt Glow mani (\$38) and pedi (\$63). Both include an all-natural in-house jasmine-infused salt scrub, a carob- and peppermint mask and castor cream together with heated booties or mitts plus formaldehyde- and toluene-free Zoya polishes. For girls in a hurry, there's the Express Fennel and Lavender mani (\$25) or pedi (\$35).

► **646 QUEEN ST. WEST** | 647-435-0903
ALIVIARSPA.COM | PRICES: **\$18-\$63**

Buff Nail Lounge

"No appointments, no acrylics, no attitude" reads Buff Nail Lounge's motto. Services feature the in-house Buff Pure Colour line and range from the 20-minute shape-and-polish Buff Express (\$10 for hands and \$18 for feet) to the luxurious Buff Lounge (\$30 for hands and \$50 for feet, including a hot lotion wrap and extra massage). Be sure to try the in-house specialty Buff Finish (for an extra \$5) that forgoes polish for a healthy, super-buffed shine.

► **117 FRONT ST. EAST** | 416-913-8880
BUFFNAILS.COM | PRICES: **\$10-\$50**

Cozy Nails

Customers keep heading uptown to Cozy Nails for its complimentary fruit smoothies and budget-friendly services, like the \$15 mani and \$28 pedi. The real treat here? The pedicures all include exfoliation and a massage using in-house products. Choose your treatment – whether it be Relaxing or Revitalizing – based on the needs of your tootsies.

► **3288 YONGE ST.** | 416-482-5566
COZYNAILS.COM | PRICES: **\$15-\$35**

LOULOU LOVES...

Miami Beet polish from OPI's latest collection, South Beach. You can't go wrong with a super-vibrant shade in pinky-purple!

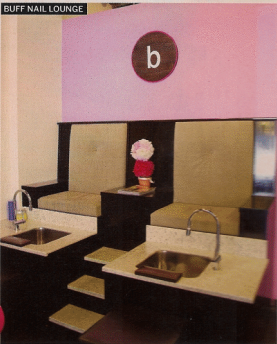
OPI Nail Lacquer in Miami Beet
\$10.95 at salons and spas.
1-800-341-9999 | opi.com



LUX SPA



BUFF NAIL LOUNGE



LOULOU LOVES...

Lovefresh avocado lotions at The Ten Spot and Lux Spa, both in Toronto. Formulated with vitamins A, C, D and E and kiwi and cucumber extract, they're incredibly moisturizing. Plus, they're handmade in Toronto and free of parabens and petroleum.

Lovefresh Vanilla Lotion \$18 at select salons and spas. lovefresh.com



PURE NAIL BAR

Lux Spa

Lux is famous for its waterless manicures (\$25 to \$65), which are designed to keep the nails strong and the mani longer-lasting. Nestle into the plump white banquettes for one of the several different pedicures available, including the beloved Choco-Lux treatment (\$65) that nourishes the feet with cocoa's antioxidants.

► 25 BELLAIR ST. | 416-921-1680
LUX-SPA.COM | PRICES: \$25-\$85

IN TORONTO



Kristen always dreamed of having her own shop on Queen Street West. Mission accomplished!



THE TEN SPOT

After trying her hand at event planning and graphic design in New York City, Winnipeg native Kristen Gale, 27, made use of her business savvy and opened The Ten Spot to pair stylish NYC-calibre decor with a laid-back, friendly vibe. "I wanted more of a social spa experience," she says. And judging from the salon's fun, fabulous feel, it's clear she has definitely hit the spot.

► 749 QUEEN ST. WEST | 416-915-1010 | 10SPOT.CA | PRICES: \$20-\$70

Vancouver

Pure Nail Bar

With eight locations across Greater Vancouver, Pure Nail Bar is the venue for ladies on the go. A combo treatment runs for \$50, and the monthly specials are sure to inspire you to round up the troops for a Friday-night fete.

► 1282 PACIFIC BLVD. | 604-605-1282
PURENAILBAR.COM | PRICES: \$25-\$50
PLUS 7 OTHER LOCATIONS IN VANCOUVER

Spirit Nails

Spirit Nails offers an amazing early-bird special for anyone in the market for a cheap and cheerful pick-me-up. As long as you are out the door by noon, \$40 will get you a mani-pedi good enough to last the week!

► 1725 ROBSON ST., SUITE 5
604-806-6336 | PRICES: \$15-\$60

Calgary

Urban Venus

If you're feeling decadent, go on and indulge in the Chocolate Fondue mani and pedi. You can also go for the skin-rejuvenating Alpha Beta